Yale University Graduate School of Arts & Sciences Visiting Student

If you wish to study at the graduate level, but not pursue a degree, you will have to apply to be admitted to the Division of Special Registration (DSR).

You may apply as a special student or Visiting Assistant in Research. The former can take classes and the latter is just doing research. See the following webpage for details: https://gsas.yale.edu/admissions/non-degree-programs/visiting-students

This program is usually used when you have a specific professor in mind to work with.